

WEEKLY SHOPPING LIST



SUNDAY BURRATA CAPRESE

3 tbsp pine nuts
½ cup packed fresh basil leaves, coarsely chopped
1½ tsp lemon juice
½ tsp fine sea salt
¼ cup extra virgin olive oil
1 whole burrata, about 8 oz
2 large or 4 small ripe peaches, pitted and cut into wedges
1 lb ripe heirloom tomatoes, cut into wedges
flaky sea salt
balsamic syrup

MONDAY ROASTED ZUCCHINI AND QUINOA BOWLS

1 cup quinoa
2 cups vegetable broth
1½ lb zucchini
1½ tbsp olive oil
1 tsp sweet paprika
½ tsp salt
½ cup crumbled feta

For the pesto
2 cloves garlic
2 scallions, white and light green parts
½ cup toasted pepitas, plus more for garnish
½ tsp sea salt
1 jalapeno, seeded
1 bunch of cilantro
zest and juice of 2 large limes
½ cup extra virgin olive oil

TUESDAY PASTA WITH ZUCCHINI, TOMATOES, PISTACHIOS, AND FETA

1 lb zucchini, cut into ¼-inch thick rounds
olive oil
2 garlic cloves, thinly sliced
1 lb campari or other small tomatoes, quartered
1 tsp dried oregano
pinch of red pepper flakes
salt and black pepper, to taste
1 lb rigatoni
¼ cup feta cheese
½ cup shelled pistachios, toasted and roughly chopped

WEDNESDAY SOFT CORN TACOS WITH ROASTED SWEET POTATOES, POBLANOS, AND CORN

2 tbsp olive oil
3 garlic cloves, minced
1 large sweet potato, peeled and cut into ½-inch cubes
1 poblano pepper, stemmed seeded and cut into ½-inch cubes
1 large onion, peeled and cut into ½-inch cubes
2 ears corn kernels
1 ½ tsp ground cumin
1 ½ tsp ground coriander
1 tsp salt
½ tsp black pepper
2 cups cooked black beans
6 oz cotija cheese, crumbled
12 (6-inch) corn tortillas

THURSDAY EGGPLANT BURGERS WITH HONEY BEER-GLAZED SHALLOTS

1 large eggplant (about 1 lb)
kosher salt, to taste
1 cup whole wheat bread crumbs
¼ cup parmesan cheese
2 tbsp minced parsley
freshly ground black pepper
1 egg, lightly beaten
4 oz provolone or gruyere

For the shallots
2 tbsp olive oil
2 shallots, thinly sliced
½ cup beer (I used Blue Moon)
1 tbsp soy sauce
1 tbsp Dijon mustard
2 tbsp honey

DESSERT PEACH CARAMEL PIE

2½ cups all purpose flour
1 tsp kosher salt
1 tbsp sugar
½ lb (2 sticks) cold unsalted butter
1 cup cold water
¼ cup cider vinegar
1 cup ice

For the pie
2.5 lb peaches
2 small apples, peeled and grated
½ cup + ¼ cup sugar, divided
¼ tsp kosher salt
2 tbsp unsalted butter, cold
2 tbsp heavy cream
2 tbsp peach schnapps
1 tsp vanilla extract
¼ cup cornstarch
1 tsp lemon juice
½ tsp ground cinnamon
1 large egg
1 tsp water