

WEEKLY SHOPPING LIST



SUNDAY

CARAMELIZED APRICOT, BASIL, AND RICOTTA TOAST

2 tbsp butter
2 tbsp brown sugar
4 apricots, seeded and thinly sliced
2 8-inch baguettes, halved lengthwise and crosswise
8 oz ricotta
¼ cup basil
Balsamic reduction

MONDAY

SUMMER PASTA SALAD WITH NO-COOK HEIRLOOM TOMATO SAUCE

For the no-cook tomato sauce:
3 large very ripe tomatoes (about 1.5 lb)
2 whole peeled garlic cloves, smashed
¼ cup chopped fresh herbs (I used parsley and chives)
½ cup extra virgin olive oil
salt and freshly ground pepper, to taste
pinch of ground coriander

For the pasta salad:
1 lb pasta, cooked to al dente and drained
8 oz bocconcini, quartered
¼ cup toasted pine nuts
splash of red wine vinegar
red pepper flakes, to garnish

TUESDAY

SCRAMBLED EGG RED SHAKSHUKA

3 oz (90 g) feta, crumbled
½ cup (10 g) parsley, roughly chopped
1.5 tsp aleppo pepper flakes
10 tbsp (75 ml) olive oil
3 tsp coriander seeds, lightly toasted and crushed
2 onions, thinly sliced
2 red bell peppers, seeded and cut into ½-inch slices
6 garlic cloves, minced
1 tsp cumin seeds, lightly toasted and crushed
2 tsp tomato paste
½ tsp paprika
2 lb (1 kg) tomatoes, roughly chopped
5 oz (150 g) cherry tomatoes
4 tsp rose harissa
⅔ cup water
salt and black pepper
8 eggs, lightly beaten

WEDNESDAY

JALAPENO POPPER BLACK BEAN BURGERS

4 jalapenos, cut in half lengthwise and seeded
2 (15 oz) cans black beans, rinsed
2 large eggs
5 tbsp olive oil
1 tsp ground cumin
¼ tsp salt
⅓ tsp cayenne pepper
1 cup panko bread crumbs
1 red bell pepper, seeded and finely chopped
¼ cup minced cilantro
1 shallot, minced
4 oz cream cheese, softened
6 oz cheddar cheese

THURSDAY

CHERRY TOMATO, ZUCCHINI, AND PESTO PIZZA

For the pizza dough:
1 tbsp active dry yeast
pinch of sugar
1 cup lukewarm water
3 cups bread flour
2 tsp sea salt
2 tbsp olive oil

For the pizza:
1 zucchini, trimmed, quartered lengthwise and then sliced horizontally
salt and black pepper, to taste
⅓ cup pesto sauce
1 pint cherry tomatoes, quartered
½ lb gouda cheese, shredded

DESSERT

APRICOT, CHERRY, AND ALMOND CAKE

For the cinnamon topping
4 tbsp unsalted butter
½ cup sugar
2 tsp ground cinnamon
⅓ tsp salt
2 large eggs, lightly beaten

For the cake
6 tbsp unsalted butter
1 cup sugar
2 large eggs
finely grated zest of 1 small lemon
1 tsp vanilla extract
¼ tsp almond extract
1¾ cups + 2 tbsp self-rising flour
⅓ tsp salt
⅔ cup sour cream
⅓ cup almond meal
2 large fresh apricots
1 cup cherries